

## 2023 Canadian Tire National Skating Championships Tribute Communities Centre - Oshawa, ON

\*If running ahead, the competition will return to the published schedule after all flood breaks.

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Team	Section	START	END	Ice Time	Dressing Room		
Saturday, January 14, 2023 - Practice							
Practice - Senior Women Free							
Group 1		7:45:00	8:20:00	35	1		
FLOOD		8:20:00	8:35:00	15			
Group 2		8:35:00	9:10:00	35	2		
Group 3		9:10:00	9:45:00	35	3		
FLOOD		9:45:00	10:15:00	30			
Saturday, January 14, 2023 - Competition							
Competition - Senior Women Free							
Warm Up		10:15:00	10:22:30	7.5			
1		10:22:30	10:30:00	7.5	4		
2		10:30:00	10:37:30	7.5	4		
3		10:37:30	10:45:00	7.5	4		
5	-	10:45:00 10:52:30	10:52:30 11:00:00	7.5 7.5	4		
6		11:00:00	11:00:00	7.5	4		
FLOOD		11:07:30	11:22:30	15	4		
Warm Up		11:22:30	11:30:00	7.5			
7		11:30:00	11:37:30	7.5	1		
8		11:37:30	11:45:00	7.5	1		
9		11:45:00	11:52:30	7.5	1		
10		11:52:30	12:00:00	7.5	1		
11		12:00:00	12:07:30	7.5	1		
12		12:07:30	12:15:00	7.5	1		
Warm Up		12:15:00	12:22:30	7.5			
13		12:22:30	12:30:30	8	2		
14		12:30:30	12:38:30	8	2		
15		12:38:30	12:46:30	8	2		
16 17		12:46:30 12:54:30	12:54:30 13:02:30	8 8	2 2		
18		13:02:30	13:10:30	8	2		
FLOOD		13:10:30	13:30:00	19.5			
Competition - Senior Ice Dance Free		10.10.00	10.00.00	13.5			
Warm Up		13:30:00	13:36:30	6.5			
1		13:36:30	13:44:00	7.5	3 (W), 4 (M)		
2		13:44:00	13:51:30	7.5	3 (W), 4 (M)		
3		13:51:30	13:59:00	7.5	3 (W), 4 (M)		
FLOOD		13:59:00	14:14:00	15			
Warm Up		14:14:00	14:20:30	6.5	4.040 = 22		
4		14:20:30	14:28:00	7.5	1 (W), 2 (M)		
5	+	14:28:00	14:35:30	7.5	1 (W), 2 (M)		
7	+	14:35:30 14:43:00	14:43:00 14:50:30	7.5 7.5	1 (W), 2 (M) 1 (W), 2 (M)		
Warm Up		14:50:30	14:57:00	6.5	1 (VV), ∠ (IVI)		
8		14:57:00	15:05:00	8	3 (W), 4 (M)		
9	+	15:05:00	15:13:00	8	3 (W), 4 (M)		
10	1	15:13:00	15:21:00	8	3 (W), 4 (M)		
11		15:21:00	15:29:00	8	3 (W), 4 (M)		
Victory Ceremony		15:29:00	15:59:30	30.5	` '		
FLOOD		15:59:30	16:35:00	35.5			
Competition - Senior Pair Free							

waini op	10.55.00	10.72.30	1.5	
1	16:42:30	16:50:00	7.5	1 (W), 2 (M)
2	16:50:00	16:57:30	7.5	1 (W), 2 (M)
3	16:57:30	17:05:00	7.5	1 (W), 2 (M)
FLOOD	17:05:00	17:20:00	15	
Warm Up	17:20:00	17:27:30	7.5	
4	17:27:30	17:35:00	7.5	3 (W), 4 (M)
5	17:35:00	17:42:30	7.5	3 (W), 4 (M)
6	17:42:30	17:50:00	7.5	3 (W), 4 (M)
Warm Up	17:50:00	17:57:30	7.5	
7	17:57:30	18:05:30	8	1 (W), 2 (M)
8	18:05:30	18:13:30	8	1 (W), 2 (M)
9	18:13:30	18:21:30	8	1 (W), 2 (M)
FLOOD	18:21:30	18:50:30	29	
Competition - Senior Men Free				
Warm Up	18:50:30	18:58:00	7.5	
1	18:58:00	19:05:30	7.5	3
2	19:05:30	19:13:00	7.5	3
3	19:13:00	19:20:30	7.5	3
4	19:20:30	19:28:00	7.5	3
5	19:28:00	19:35:30	7.5	3
6	19:35:30	19:43:00	7.5	3
FLOOD	19:43:00	19:58:00	15	
Warm Up	19:58:00	20:05:30	7.5	
7	20:05:30	20:13:00	7.5	4
8	20:13:00	20:20:30	7.5	4
9	20:20:30	20:28:00	7.5	4
10	20:28:00	20:35:30	7.5	4
11	20:35:30	20:43:00	7.5	4
12	20:43:00	20:50:30	7.5	4
Warm Up	20:50:30	20:58:00	7.5	
13	20:58:00	21:06:00	8	1
14	21:06:00	21:14:00	8	1
15	21:14:00	21:22:00	8	1
16	21:22:00	21:30:00	8	1
17	21:30:00	21:38:00	8	1
18	21:38:00	21:46:00	8	1
Victory Ceremony	21:46:00	22:16:00	30	
END OF SATURDAY		22:16:00		

16:35:00 16:42:30

Warm Up

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start time. Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time. Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).



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Practice Rink							
Team	START	END	Ice Time	Dressing Room			
Saturday, January 14, 2023 - Practice							
DEP	8:00:00	9:00:00	60	5 (W), 6 (M)			
FLOOD	9:00:00	9:20:00	20				
Practice - Senior Ice Dance Free							
Group 1	9:20:00	9:50:00	30	7 (W), 6 (M)			
FLOOD	9:50:00	10:05:00	15				
Group 2	10:05:00	10:35:00	30	7 (W), 6 (M)			
Group 3	10:35:00	11:05:00	30	7 (W), 6 (M)			
FLOOD	11:05:00	11:25:00	20				
Practice - Senior Pair Free							
Group 1	11:25:00	11:55:00	30	5 (W), 6 (M)			
FLOOD	11:55:00	12:10:00	15				
Group 2	12:10:00	12:40:00	30	5 (W), 6 (M)			
Group 3	12:40:00	13:10:00	30	5 (W), 6 (M)			
FLOOD	13:10:00	13:30:00	20				
Break - Oshawa Generals	13:30:00	15:00:00	90				
FLOOD	15:00:00	15:20:00	20				
Practice - Senior Men Free							
Group 1	15:20:00	15:55:00	35	7			
FLOOD	15:55:00	16:10:00	15				
Group 2	16:10:00	16:45:00	35	5			
Group 3	16:45:00	17:20:00	35	6			
END OF SATURDAY		17:20:00					

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start

Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time. Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).