



Schedule as of
 January 5, 2023
 2:30:58 PM

**2023 Canadian Tire National Skating Championships
 Tribute Communities Centre - Oshawa, ON**

**If running ahead, the competition will return to the published schedule after all flood breaks.*

Competition Rink					
Team	START	END	Ice Time	Dressing Room	
Monday, January 9, 2023 - Practice					
Practice - Junior Dance Rhythm/Free					
Group 1	9:00:00	9:30:00	30	1 (W), 2 (M)	
FLOOD		9:30:00	9:45:00	15	
Group 2	9:45:00	10:15:00	30	1 (W), 2 (M)	
Group 3	10:15:00	10:45:00	30	1 (W), 2 (M)	
FLOOD		10:45:00	11:00:00	15	
Practice - Junior Pair Short/Free					
Group 1	11:00:00	11:30:00	30	3 (W), 4 (M)	
Group 2	11:30:00	12:00:00	30	3 (W), 4 (M)	
Break		12:00:00	12:30:00	30	
FLOOD		12:30:00	12:45:00	15	
Practice - Junior Women Short/Free					
Group 1	12:45:00	13:20:00	35	1	
Group 2	13:20:00	13:55:00	35	2	
FLOOD		13:55:00	14:10:00	15	
Group 3	14:10:00	14:45:00	35	3	
Practice - Junior Men Short/Free					
Group 1	14:45:00	15:20:00	35	4	
FLOOD		15:20:00	15:35:00	15	
Group 2	15:35:00	16:10:00	35	1	
Group 3	16:10:00	16:45:00	35	2	
END OF MONDAY			16:45:00		

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start time.

Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time.

Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).



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Practice Rink					
Team	START	END	Ice Time	Dressing Room	
Monday, January 9, 2023 - Practice					
Practice - Junior Women Short/Free					
Group 1	9:15:00	9:50:00	35	5	
Group 2	9:50:00	10:25:00	35	6	
FLOOD		10:25:00	10:40:00	15	
Group 3	10:40:00	11:15:00	35	7	
Practice - Junior Men Short/Free					
Group 1	11:15:00	11:50:00	35	5	
FLOOD		11:50:00	12:05:00	15	
Group 2	12:05:00	12:40:00	35	6	
Group 3	12:40:00	13:15:00	35	7	
FLOOD		13:15:00	13:30:00	15	
Break - Oshawa Generals		13:30:00	15:00:00	90	
FLOOD		15:00:00	15:20:00	20	
Practice - Junior Dance Rhythm/Free					
Group 1	15:20:00	15:50:00	30	W (5), M (6)	
FLOOD		15:50:00	16:05:00	15	
Group 2	16:05:00	16:35:00	30	W (5), M (6)	
Group 3	16:35:00	17:05:00	30	W (5), M (6)	
FLOOD		17:05:00	17:20:00	15	
Practice - Junior Pair Short/Free					
Group 1	17:20:00	17:50:00	30	W (7), M (6)	
Group 2	17:50:00	18:20:00	30	W (7), M (6)	
END OF MONDAY		18:20:00			

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start time.

Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time. Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).