



2023 Canadian Tire National Skating Championships
Tribute Communities Centre - Oshawa, ON

**If running ahead, the competition will return to the published schedule after all flood breaks.*

Competition Rink							
Team			START	END	Ice Time	Dressing Room	Warm-up Area
Thursday, January 12, 2023 - Practice							
Practice - Senior Women Short/Free							
Group 1			8:15:00	8:50:00	35	1	
FLOOD			8:50:00	9:05:00	15		
Group 2			9:05:00	9:40:00	35	2	
Group 3			9:40:00	10:15:00	35	3	
FLOOD			10:15:00	10:35:00	20		
Practice - Senior Pair Short/Free							
Group 1			10:35:00	11:05:00	30	1 (W), 4 (M)	
FLOOD			11:05:00	11:20:00	15		
Group 2			11:20:00	11:50:00	30	2 (W), 3 (M)	
Group 3			11:50:00	12:20:00	30	1 (W), 4 (M)	
FLOOD			12:20:00	12:40:00	20		
Practice - Junior Synchronized Skating Free							
Team 1			12:40:00	12:51:00	11	2	1
Team 2			12:51:00	13:02:00	11	3	2
Team 3			13:02:00	13:13:00	11	6	3
Team 4			13:13:00	13:24:00	11	4	4
FLOOD			13:24:00	13:39:00	15		
Team 5			13:39:00	13:50:00	11	7	1
Team 6			13:50:00	14:01:00	11	2	2
Team 7			14:01:00	14:12:00	11	5	3
Team 8			14:12:00	14:23:00	11	4	4
Team 9			14:23:00	14:34:00	11	1	1
FLOOD			14:34:00	14:55:00	21		
Practice - Senior Dance Rhythm/Free							
Group 1			14:55:00	15:25:00	30	2 (W), 3 (M)	
FLOOD			15:25:00	15:40:00	15		
Group 2			15:40:00	16:10:00	30	1 (W), 4 (M)	
Group 3			16:10:00	16:40:00	30	2 (W), 3 (M)	
FLOOD			16:40:00	17:00:00	20		
Practice - Senior Men Short/Free							
Group 1			17:00:00	17:35:00	35	1	
FLOOD			17:35:00	17:50:00	15		
Group 2			17:50:00	18:25:00	35	4	
Group 3			18:25:00	19:00:00	35	2	
FLOOD			19:00:00	19:25:00	25		
Thursday, January 13, 2022 - Competition							
Competition - Junior Synchronized Skating Free							
1			19:25:00	19:34:00	9	3	1
2			19:34:00	19:42:00	8	1	2
3			19:42:00	19:50:00	8	4	3
4			19:50:00	19:58:00	8	2	4
FLOOD			19:58:00	20:13:00	15		
5			20:13:00	20:21:00	8	7	1
6			20:21:00	20:30:00	9	3	2
7			20:30:00	20:38:00	8	1	3
8			20:38:00	20:46:00	8	4	4
9			20:46:00	20:54:00	8	2	1
FLOOD			20:54:00	21:15:00	21		
Competition - Senior Synchronized Skating Short							
1	Nova	QC	21:15:00	21:23:00	8	3	2
2	NEXXICE	ON	21:23:00	21:30:00	7	1	3
3	Les Suprêmes	QC	21:30:00	21:37:00	7	4	4
Victory Ceremony			21:37:00	22:05:00	28		
END OF THURSDAY				22:05:00			

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start time.

Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time. Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).



Schedule as of
January 5, 2023
2:30:58 PM

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Practice Rink						
Team	START	END	Ice Time	Dressing Room	Warm-up Area	
Thursday, January 12, 2023 - Practice						
Practice - Senior Dance Rhythm/Free						
Group 1	9:15:00	9:45:00	30	5 (W), 7 (M)		
FLOOD	9:45:00	10:00:00	15			
Group 2	10:00:00	10:30:00	30	5 (W), 7 (M)		
Group 3	10:30:00	11:00:00	30	5 (W), 7 (M)		
FLOOD	11:00:00	11:15:00	15			
Practice - Senior Men Short/Free						
Group 1	11:15:00	11:50:00	35	6		
FLOOD	11:50:00	12:05:00	15			
Group 2	12:05:00	12:40:00	35	5		
Group 3	12:40:00	13:15:00	35	7		
FLOOD	13:15:00	13:30:00	15			
Break - Oshawa Generals	13:30:00	15:00:00	90			
FLOOD	15:00:00	15:20:00	20			
Practice - Senior Synchronized Skating Short						
Team 1	15:20:00	15:30:00	10	5	2	
Team 2	15:30:00	15:40:00	10	6	3	
Team 3	15:40:00	15:50:00	10	7	4	
FLOOD	15:50:00	16:10:00	20			
Practice - Senior Women Short/Free						
Group 1	16:10:00	16:45:00	35	5		
FLOOD	16:45:00	17:00:00	15			
Group 2	17:00:00	17:35:00	35	6		
Group 3	17:35:00	18:10:00	35	7		
FLOOD	18:10:00	18:25:00	15			
Practice - Senior Pair Short/Free						
Group 1	18:25:00	18:55:00	30	W (5), M (6)		
FLOOD	18:55:00	19:10:00	15			
Group 2	19:10:00	19:40:00	30	W (5), M (6)		
Group 3	19:40:00	20:10:00	30	W (5), M (6)		
END OF THURSDAY			20:10:00			

Warm-up Area Access: Available from 1 hour before scheduled on-ice start time to 30 minutes before on-ice start time.

Dressing Room Access: Available approximately 25 minutes before scheduled on-ice start time. Skaters are asked to exit promptly with all belongings following their skate (with a maximum of fifteen minutes allowed).