



# INFORMATION PACKAGE

Skate Canada Challenge is the national qualifying event for the Canadian Tire National Skating Championships. Skate Canada is excited to be hosting this year's edition of the Skate Canada Challenge in partnership with SKATE ALBERTA-NWT/NUNAVUT at the Terwillegar Recreation Centre from November 28 – December 2, 2018.

Thank you to our funding partners: The Province of Alberta, the city of Edmonton, and Edmonton Tourism (<https://exploreedmonton.com/>) for their generous contributions towards helping to make Skate Canada Challenge a successful event.

**2019 Skate Canada Challenge  
November 28 – December 2, 2018  
Terwillegar Community Recreation Centre  
Edmonton, AB**

## Key Contact Information

Name	Role	Email	Phone Number
<b>Terry Sheahan</b>	Senior Director, Marketing & Events	<a href="mailto:tsheahan@skatecanada.ca">tsheahan@skatecanada.ca</a>	613.862.3165
<b>Paul Kitcher</b>	Event Manager	<a href="mailto:pkitcher@skatecanada.ca">pkitcher@skatecanada.ca</a>	613.898.6679
<b>Véronique Labrosse</b>	Accommodations (Officials), Transportation & Meetings	<a href="mailto:vlabrosse@skatecanada.ca">vlabrosse@skatecanada.ca</a>	613.867.6409
<b>Mitchell Cook</b>	Venue Logistics	<a href="mailto:mcook@skatecanada.ca">mcook@skatecanada.ca</a>	819.775.6259
<b>Meaghan Sommerville</b>	Volunteers, Medical & Catering	<a href="mailto:msommerville@skatecanada.ca">msommerville@skatecanada.ca</a>	902.579.0356
<b>Shannon Youmelle</b>	Ceremonies & Local Sponsorship	<a href="mailto:syoumelle@skatecanada.ca">syoumelle@skatecanada.ca</a>	613.889.1386
<b>Emma Lindblad</b>	Media & Social Media	<a href="mailto:elindblad@skatecanada.ca">elindblad@skatecanada.ca</a>	819.743.2056
<b>Laura Baker</b>	Officials	<a href="mailto:lbaker@skatecanada.ca">lbaker@skatecanada.ca</a>	613.219.7725
<b>Marty Henwood</b>	Live Streaming & Website	<a href="mailto:martyh@skatecanada.ca">martyh@skatecanada.ca</a>	647.678.5185
<b>Lea Sheffield</b>	Registration	<a href="mailto:lsheffield@skatecanada.ca">lsheffield@skatecanada.ca</a>	905.960.2115
<b>Heather McMahon</b>	Technical Liaison	<a href="mailto:hmcmahon@skatecanada.ca">hmcmahon@skatecanada.ca</a>	613.719.9273
<b>Norm Proft</b>	Competition Services Director	<a href="mailto:nproft@skatecanada.ca">nproft@skatecanada.ca</a>	613.620.0889
<b>Leslie Lawrence</b>	Technical Representative co-lead	<a href="mailto:lesklawrence@gmail.com">lesklawrence@gmail.com</a>	
<b>Jennifer Betts</b>	Technical Representative co-lead	<a href="mailto:jennmarkbetts@gmail.com">jennmarkbetts@gmail.com</a>	
<b>Hilary Quick</b>	Assistant Technical Representative	<a href="mailto:hilary_quick@hotmail.com">hilary_quick@hotmail.com</a>	
<b>General Inquiries</b>	Event Inbox	<a href="mailto:eventsinfo@skatecanada.ca">eventsinfo@skatecanada.ca</a>	

# Venue Information

## Terwillegar Community Recreation Centre

2051 Leger Road NW  
Edmonton, Alberta, Canada  
Telephone: 1.780.442.5311

<b>Competition Rink</b>	Rink A	200 feet x 85 feet
<b>Competition Rink</b>	Rink B	200 feet x 85 feet
<b>Competition Rink</b>	Rink C	200 feet x 85 feet
<b>Practice Rink</b>	Rink D	200 feet x 100 feet



\*See Appendix 1 for a Venue Map

# Transportation

## Airport Transfers – Officials, Event Technicians, Streaming and Skate Canada Staff

### Arrivals

The Organizing Committee will provide transportation from the Edmonton Airport to the Holiday Inn Conference Centre starting on Monday, November 26, 2018. Transfers to and from the airport will be provided for working officials, event technicians, streaming and Skate Canada staff only.

Please look for the Skate Canada volunteer greeters carrying signs once you exit the baggage area.

### Departures

The airport departures at the conclusion of the event will be managed by a departure list with times, which will be available and posted at the Information/Transportation Desk at the Terwillegar Community Recreation Centre and in the hotel lobby of Holiday Inn Conference Centre on Friday, November 30, 2018. Coordinate directly with the Transportation Desk, no later than 24 hours before your pick-up time, if you need to change the time of your transportation to the airport.

Should any guest's arrival be delayed for any reason, they are asked to inform the Transportation Team as soon as possible with the expected arrival time in Edmonton, so that transportation and accommodation arrangements can be modified.

**Transportation Desk:** +1.613.914.5348

## Transportation Continued

### Airport Transfers – Teams (Skaters, Coaches, Team Managers, etc.)

Teams (skaters, coaches, team managers, etc.) are responsible for their own transportation between the airport and their hotel.

### Ground Transportation from the Edmonton Airport

Once you've arrived in Edmonton, there are lots of options to take you to your hotel. Please visit the Edmonton International Airport website (<http://flyeia.com/coming-and-going/bus-and-shuttle>) for more information.

#### Car Rentals

Edmonton International Airport is served by the following seven rental car companies:

Alamo

Tel: 1.877.222.9075/1.780.890.7345

Avis

Tel: 1.800.879.2847/1.780.890.7596

Budget

Tel: 1.800.268.8900/1.780.980.2338

Enterprise

Tel: 1.800.261.7331/1.780.980.2338

Hertz

Tel: 1.800.263.0600/1.780.890.4435

National

Tel: 1.800.227.7368/1.780.890.7345

Thrifty

Tel: 1.800.847.4389/1.780.890.4436

#### Taxis and Limos

The flat rate for transportation from EIA to downtown Edmonton is \$55 by taxi and \$66 by limo.

24-7 Taxi Line: 1.780.442.4444

Airport Taxi Service: 1.780.890.7070

Co-op Taxi Line: 1.780.425.2525

Greater Edmonton Taxi Service:

(Barrel, Checker, Prestige, Yellow): 1.780.462.3456

Air Limousine: 1.780.989.7099

# Shuttle

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## Event Shuttle for Accredited Persons

Transportation will be provided for all accredited persons between the hotels listed in this document and Terwillegar Community Recreation Centre.

- The shuttle from the team hotels will begin on Tuesday, November 27, 2018.
- Accreditation badges must be shown when boarding the shuttle (you will be able to board the shuttle at your hotel without your accreditation so that you are able to go to the rink to pick it up).
- A *Transportation and Information Desk* will be open at the Terwillegar Community Recreation Centre.
- A Shuttle Schedule will be available on the Info Centre and at *Registration*.

## Event Shuttle Access for Non-Accredited Persons

Bus passes for parents and chaperones will be available for purchase at the *Ticket Desk* (see the Ticket Desk Hours of Operation) located at the Terwillegar Community Recreation Centre - *Team Entrance*.

- The cost of bus passes is \$80 each (cash or credit card).
- You will be able to board the shuttle at your hotel without your bus pass so that you are able to go to the rink to purchase it.
- Skaters and officials have priority seating on the shuttle buses and pass holders may be asked to wait for the next shuttle in order to accommodate accredited participants.

**\*See Appendix 2 for Shuttle Schedule**

# Accommodations

## Holiday Inn Conference Centre Edmonton South

Officials, Event Technicians, Streaming, Skate Canada Staff, LOC

4485 Gateway Boulevard

Edmonton, Alberta

T6H 5C3

Telephone: 1.780.431.1100

[Website](#)



- ◆ **Free Wireless High-Speed Internet**
- ◆ **Free Self-Parking**
- ◆ **Business Centre**
  - ◆ Open 24 hours
  - ◆ Printer, Copying, Scanner, and other Office supplies available
- ◆ **Fitness Centre**
- ◆ **Miscellaneous Services**
  - ◆ Indoor Pool, Heated Indoor Pool, Indoor Whirlpool
  - ◆ On-Site Guest Self-Laundry Facilities and Same-Day Dry-Cleaning services
  - ◆ Baggage Hold Services
  - ◆ Two On-Site Restaurants: Fionn MacCool's Irish Pub and Ricky's All Day Grill
  - ◆ Pet-friendly
  - ◆ Multi-lingual staff
  - ◆ Near West Edmonton Mall (largest shopping mall in North America) and South Edmonton Common (largest open mall in North America)
- ◆ **Distance from Airport to Hotel:** Approximately 23.5 kilometres/20 minutes (traffic dependent)
- ◆ **Distance from Hotel to Venue:** Approximately 10 kilometres/15 minutes (traffic dependent)

## Holiday Inn Express & Suites Edmonton South

2440 Calgary Trail NW

Edmonton, Alberta

T6J 4R1

Telephone: 1.780.440.5000

[Website](#)

- ◆ **Free Wireless High-Speed Internet**
- ◆ **Free Self-Parking**
- ◆ **Business Centre**
  - ◆ 2 meeting rooms available
  - ◆ Printer, Copier, Scanner, and other Office supplies available
- ◆ **Fitness Centre**
- ◆ **Miscellaneous Services**
  - ◆ Indoor Pool, Heated Indoor Pool, Indoor Whirlpool
  - ◆ On-Site Guest Self-Laundry Facilities
  - ◆ In-room refrigerators and microwaves
  - ◆ Pet-friendly
  - ◆ Multi-lingual staff



The Holiday Inn Express & Suites Edmonton South is just a short drive from West Edmonton Mall – the largest mall in North America. This prime location is also close to Rogers Arena, downtown Edmonton, and the University of Alberta Hospital. The distance from the Edmonton International Airport to the hotel is 21 kilometres which is approximately a 15-minute drive, traffic dependent. The distance from the hotel to the competition venue is 6.5 kilometres, which is approximately a 10-minute drive, traffic dependent.

## Radisson Hotel Edmonton South

4440 Gateway Boulevard  
Edmonton, Alberta  
T6H 2H4  
Telephone: 1.780.437.6010

[Website](#)

- ◆ **Free Wireless Internet**
- ◆ **Free heated underground parking**
- ◆ **Business Centre**
  - ◆ Meeting facilities on-site
- ◆ **Fitness Centre**
  - ◆ Indoor Saltwater Pool, Hot Tub, Steam Room
  - ◆ Racquet Court and Indoor Track
- ◆ **Miscellaneous Services**
  - ◆ Restaurant and Pub On-Site (Atrium Restaurant and Lions Head Pub)
  - ◆ Free newspaper Monday-Saturday
  - ◆ Complimentary shuttle to West Edmonton Mall (largest shopping mall in North America)
- ◆ **Distance from Airport to Hotel:** Approximately 23.5 kilometres/20 minutes (traffic dependent)
- ◆ **Distance from Hotel to Venue:** Approximately 9.5 kilometres/15 minutes (traffic dependent)



## Sawridge Inn Edmonton South

4235 Gateway Boulevard N, NW  
Edmonton, Alberta  
T6J 5H2  
Telephone: 1.780.438.1222

[Website](#)

- ◆ **Free Wireless Internet**
- ◆ **Free Parking**
- ◆ **Hot Buffet Breakfast included in most rates**
- ◆ **Business Services**
  - ◆ Meeting and Conference spaces
- ◆ **Fitness Centre**
  - ◆ Open 24 hours
- ◆ **Miscellaneous Services**
  - ◆ In-room mini fridges and Keurig Brewing System
  - ◆ Complimentary local calls
  - ◆ On-Site Dining Room & Lounge (Creations Dining Room & Lounge)
  - ◆ Pet-friendly
  - ◆ Short drive to West Edmonton Mall (largest shopping mall in North America) and South Edmonton Common (largest open mall in North America)
- ◆ **Distance from Airport to Hotel:** Approximately 23 kilometres/20 minutes (traffic dependent)



- ◆ **Distance from Hotel to Venue:** Approximately 10 kilometres/15 minutes (traffic dependent)

## Registration Information

Location	Date	Hours of Operation
Terwillegar Community Recreation Centre – Team Entrance	Tuesday, November 27, 2018	14:00 – 20:00
	Wednesday, November 28	06:30 – 19:00
	Thursday, November 29	06:30 – 18:00
	Friday, November 30	07:00 – 17:00
	Saturday, December 1	07:00 – 16:00
	Sunday, December 2	09:00 – 12:00

If you are planning to register a large group at one time, call Lea Sheffield at 1.905.960.2115 approximately 24 hours in advance to ensure that we are prepared for a large group.

### Accreditation

Please refer to the Info Centre for the latest policy related to accreditation found here:

<https://info.skatecanada.ca/index.php/en-ca/policies/127-coach-accreditation-policy-for-skate-canada-qualifying-events.html>

In addition, please be aware of accredited access as outlined here:

<https://info.skatecanada.ca/index.php/en-ca/procedures/139-skate-canada-domestic-events-accreditation-procedure.html>

Further information related to accredited access to specific areas within the competition venue will be highlighted at the Team Manager Meeting onsite.

### Music

All skaters must submit their music at the Terwillegar Community Recreation Centre - *Registration Desk* upon arrival. Accreditation will only be provided once music has been registered.

### Double Entries

Accreditation will only be provided when skaters competing in two or more disciplines submit all music at the time of registration for their first event.

### Music/Detailed Sheet Pick-up

Music and Skaters' Detailed Sheets can be picked up at the Terwillegar Community Recreation Centre at the *Operations & Printing Room* approximately 30 minutes following each flood of the skater's free event.

# Victory Ceremonies

Victory Ceremonies will take place off-ice on the Event level, between rinks B and C, in the concourse. immediately following the completion of each event. Skaters are required to wear their costumes and skates for the medal presentations. Please consult the Appendix – Venue Map for the exact location.

# Officials' Information

## Meals and Per Diems

You will be provided with a cheque when you register. The amount will vary based on your travel schedule.

Breakfast	Lunch	Supper	Incidentals
\$10	Provided at the arena	Provided at the arena	\$5

## Meetings

### Officials

Note: All pre-event meetings with your referee will take place 30 minutes prior to the start of the event. These meetings will take place in the *Officials' Room* at the arena, unless changed by the referee.

## Officials' Hospitality Room

### Compliments of Skate Canada

Holiday Inn Conference Centre Edmonton South

Room: Hospitality Lounge

Dates: Wednesday, November 28<sup>th</sup> to Saturday, December 2<sup>nd</sup>

Hours: 21:00 – 01:00

## Officials' Stand Guidelines

The officials' stand is one of the most controlled areas at a figure skating event to protect the competitive environment. Access is restricted to those **required to be there** for their tasks. Our professional image as an organization is represented by both our conduct and appearance so the following decorum and dress code must be adhered to by staff, volunteers, consultants, and contractors while on duty. On duty is defined as once the event has begun, including warm-ups and practices

### Decorum

- ◆ Access should be made during breaks in skating only (never impede the view or concentration of officials or others working on the judges stands)
- ◆ Display a high standard of behaviour, aware that all your actions are highly visible
- ◆ In-depth discussions should take place off the officials' stand
- ◆ You are an objective party at the event so applause is not permitted

- ◆ No electronic devices are permitted (includes cell phones and cameras) while on duty. No photographs should be taken from rinkside.
- ◆ Beverages and food are not permitted. Small snacks are allowed with discretion.
- ◆ Bottled water (unlabeled) is permitted and must be placed on the floor
- ◆ Refrain from tweeting, posting to Facebook or other social media outlets to allow athletes to have a safe place backstage.

## Dress Code

- ◆ Business casual attire is ordinarily required at the rink
- ◆ Business casual attire does not include: jeans (all colours), sweatshirts, t-shirts with logos, very short skirts and dresses, sweat pants or leggings
- ◆ Those at rinkside should wear dark clothing especially for televised events
- ◆ Event volunteer positions on the officials stand (timers etc.) may wear their volunteer uniform. In some instances, they may be asked to follow the above-mentioned guidelines

Please refer to the Info Centre for the latest policy for Officials on Social Media and Electronic Devices found here: <http://noticeboard.skatecanada.ca/wp-content/uploads/2018/11/Social-Media-and-Electronic-Devis-Use-.pdf>

# Media

## Media Centre

There will be no media centre at this event. Please direct all media inquiries to Emma Lindblad, Communications Coordinator, at: [elindblad@skatecanada.ca](mailto:elindblad@skatecanada.ca) or 1.819.743.2056

## Photography (Appendix 3)

Skater souvenir photos will be available for purchase on-site through Danielle Earl Photography, daily during competition hours. For more information, please stop by the photo desk on the Event Level concourse at Terwillegar Community Recreation Centre during the event, visit [www.danielleearlphotography.com](http://www.danielleearlphotography.com), or contact [skating@danielleearlphotography.com](mailto:skating@danielleearlphotography.com).

## Skater Videos

Skater videos will be available for purchase on the Event Level concourse.

# Social Media

Skate Canada is active on the following platforms: Facebook (Skate Canada / Patinage Canada), Twitter (@SkateCanada), Instagram (Skate\_Canada), and Snapchat (Skate\_Canada). Be sure to follow along, tag Skate Canada in your posts, and use the official event hashtags (#Challenge19 in English and #Défi19 in French) for everything relating to the event. There will also be an official Challenge 2019 Snapchat geofilter available for use by snapchatters inside the arena.

# Event Streaming and Live Scoring

## Live Streaming

Skate Canada will be live streaming all of the competition taking place in Rinks A, B and C. Once the competition gets underway, you will be able to access the live streaming at skatecanada.ca or at <http://www.dailymotion.com/skatecanada>.

## Live Scoring

Live scoring will be available during the competition at: <https://skatecanada.ca/2018-skate-canada-challenge/>.

# Medical Services

Medical services for athletes competing at the event include rink side emergency coverage during practices and competition. A physician will be on call in the evenings should a medical emergency occur.

The medical room at the Terwillegar Community Recreation Centre will provide initial injury assessment, first aid and physiotherapy services for acute injuries upon request.

A sheet with medical services information is available at the Terwillegar Community Recreation Centre – Registration or see the Medical Room directly for more information on services available.

\*See Appendix 5 for a full listing of Medical Services.

# Ticket Information

All tickets will be available at the Terwillegar Community Recreation Centre on the Event level concourse, starting Tuesday, November 27, 2018. Payment options include cash or credit; there will be no debit available.

All tickets are General Admission. All seats are on a first come, first serve basis.

Children 12 years and younger – free admission to all practices and competitions when accompanied by a paying adult.

All-Event Ticket	Single Day Ticket
Includes Wednesday through Sunday	Wednesday / Thursday / Friday / Saturday / Sunday
\$50	\$25

Tickets will be available at the Terwillegar Community Recreation Centre on the Event Level concourse during the following times:

## Ticketing Hours

Date	Hours
Tuesday, November 27	16:00-20:00
Wednesday, November 28	7:30-18:30
Thursday, November 29	8:00-20:00
Friday, November 30	8:00-19:00
Saturday, December 1	8:00-20:00
Sunday, December 2	8:30-14:00

\*Ticketing hours are subject to change.

# Event Services

## Boutique

Merchandise will be sold at the Terwillegar Community Recreation Centre – *Boutique*, on the Event Level, during the following times:

Date	Hours
Wednesday, November 28	12:00-18:00
Thursday, November 29	10:00-18:00
Friday, November 30	10:00-18:00
Saturday, December 1	10:00-13:00

\*Boutique hours are subject to change.

## Information Distribution

Skating orders, results, schedules will be posted in various locations. In our effort to be sustainable, we encourage everyone to use their mobile device to “take a picture” instead of asking for a paper copy.

## Team Managers

Skating orders, results and communications will be available in the team managers’ mailboxes located at the operations/printing room. The Team Managers meeting will take place in the Event Meeting Room on Wednesday, November 28<sup>th</sup> at 8:00am local time. Please consult the Appendix – Venue Map for the exact location.

## Skating Lounge

The *Skating Lounge* is located on the Event Level, facing Rink C. Please see the Appendix – Venue Map. Competitors and coaches will not have access to the *Skating Lounge* once their events are complete.

## Water

In our effort to be sustainable, bring a personal water bottle as water jugs will be available to fill up your own bottles. **Water bottles will not be available on-site.**

## Costume Repair, Skate Sharpening and Emergency Repair

All arrangements for costume repair, skate sharpening, and emergency repair services will be available throughout the competition at the Terwillegar Community Recreation Centre – *Operations & Printing Room*.

## Lost and Found

Lost and found will be collected and held at the *Registration Desk*.



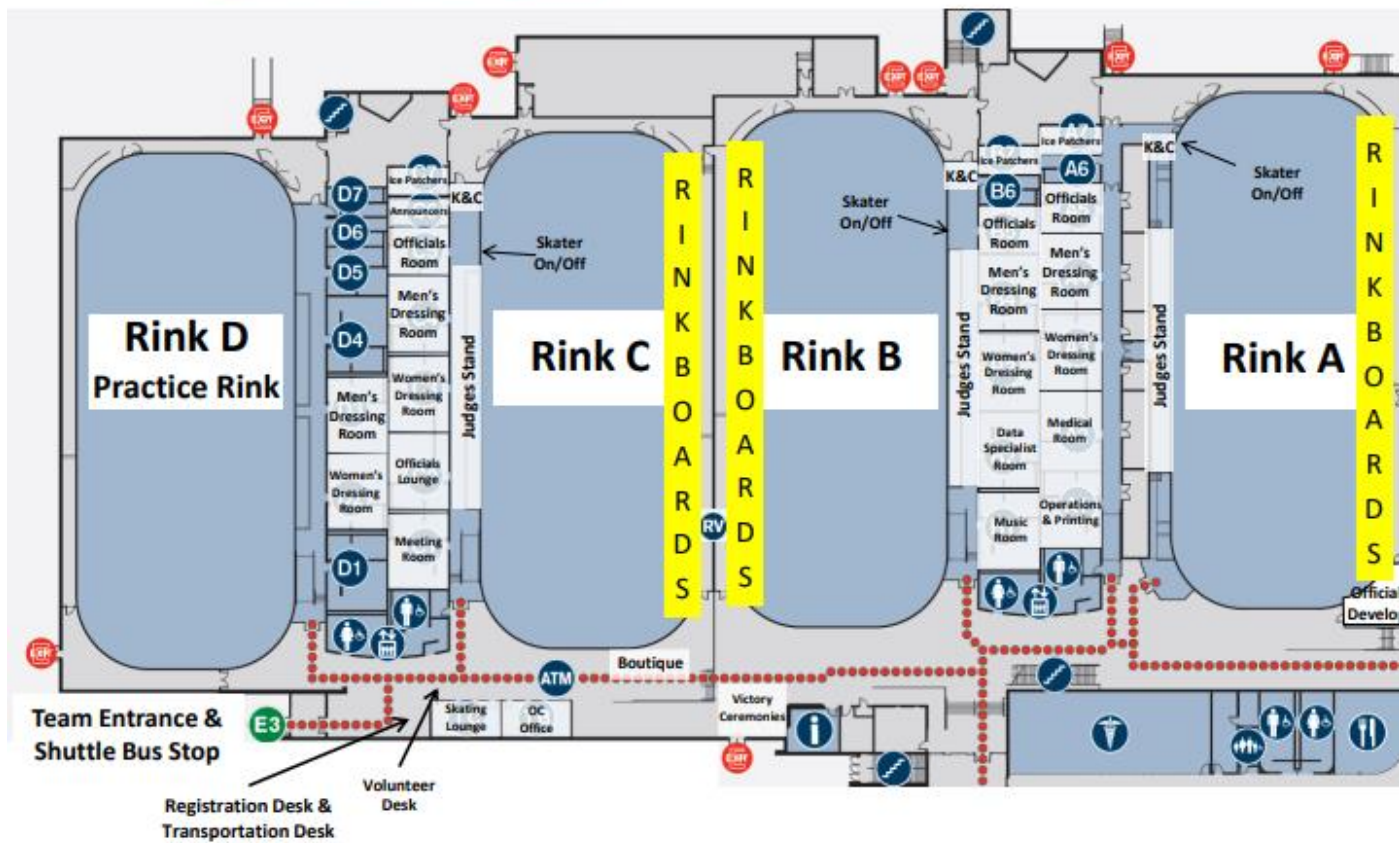
# Appendices

## Appendix 1 – Venue Map – Event Level (1st Floor)



Rev. Date: Nov. 19/2018

### VENUE MAP – Event Level

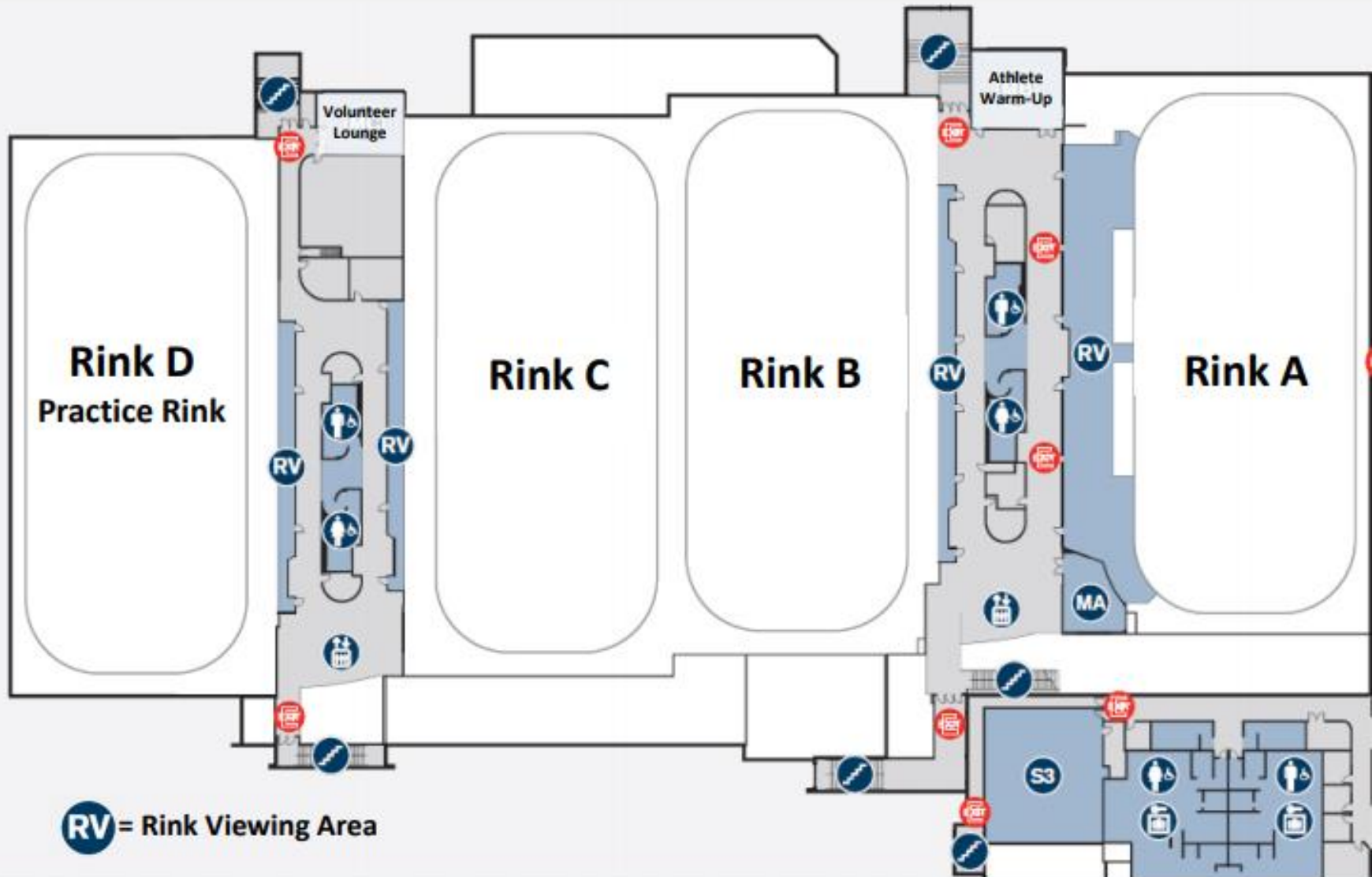


# Appendix 1.1 – Venue Map – Concourse Level (2<sup>nd</sup> Floor)

Rev. Date: Mar 13/2018



## VENUE MAP – Concourse Level



## Appendix 2 – Shuttle Schedule

### Shuttle Schedule

A full shuttle schedule can be found on the [Info Centre](#).

A shuttle schedule will be posted at the venue and at each hotel. Schedule is subject to change.

Shuttle Schedule	Shuttle A		Shuttle B	
	First Shuttle Departs	Last Shuttle Departs	First Shuttle Departs	Last Shuttle Departs
<b>Tuesday, November 27</b>	12:55	20:30	13:00	20:30
<b>Wednesday, November 28</b>	5:00	23:00	5:00	23:00
<b>Thursday, November 29</b>	5:00	23:30	5:00	23:30
<b>Friday, November 30</b>	5:00	23:30	5:00	23:30
<b>Saturday, December 1</b>	5:00	23:30	5:00	23:30
<b>Sunday, December 2</b>	5:30	18:00	5:30	18:00

2019 Skate Canada Challenge  
November 28 – December 2, 2018  
Terwillegar Community Recreation Centre  
Edmonton, AB

## Appendix 3 – Souvenir Photos



The image shows a promotional graphic for a photo booth at the Skate Canada Challenge. It features the event's logo, the photographer's name 'Danielle Earl PHOTOGRAPHY', and three sample photos of skaters in various poses. Below the photos is a message encouraging visitors to the photo desk and providing contact information for more details.

**Skate Canada Challenge**  
November 28 - December 2, 2018  
**Picture Perfect Memories**

**Danielle Earl**  
PHOTOGRAPHY

**Celebrate your experience at Skate Canada Challenge with a visit to the photo desk to view and purchase your photos. Prints and digital images on a USB key will be available to take home with you during the event. Good luck to all competitors!**

**For more information:**  
E-mail: [photos@danielleearlphotography.com](mailto:photos@danielleearlphotography.com)  
Website: [www.danielleearlphotography.com](http://www.danielleearlphotography.com)  
Facebook: [www.facebook.com/DanielleEarlPhotography](http://www.facebook.com/DanielleEarlPhotography)

## Appendix 4 – Event Schedule

For the most up-to-date version of the schedule, please go to the 2018 Skate Canada Challenge Event Page on [skatecanada.ca](http://skatecanada.ca):

<https://skatecanada.ca/wp-content/uploads/2018/11/2019-Challenge-Block-Schedule-FINAL-.pdf>

Although every effort is taken to ensure that this competition runs per the published schedule, from time to time the competition may run slightly ahead or behind. If the competition runs behind, every effort will be taken to return to the times as showing in published schedules. If the competition runs ahead, the competition will be paused at the next flood to return to the published schedule. Please note that all flood times are showing in published Practice Group/Time Sheets.

Time Sheets will be updated and re-posted following first segment draws.

Note as well that during the event, official withdrawals prior to a draw, and other reasons may require a republication of the Block Schedule or Practice Group/Time Sheets. Check back regularly to where these are published, both on the Skate Canada Info Centre, and at posting locations within the competition venue.

## Appendix 5 – Medical Services Information

### Medical Services Information

Medical services for athletes competing at Skate Canada Challenge include rink-side emergency coverage with medical doctors, physiotherapists, athletic therapists, nurses or paramedics. These services will be available during all practices and competitions.

A physician and a therapist will be available at Terwillegar Community Recreation Centre during all practice and competition hours. A physiotherapist will be available in the Medical Room at Terwillegar Community Recreation Centre and you may call and book an appointment or simply drop in for therapy, taping or medical advice. The Medical Room will open prior to the start of the first practice session in the morning and will remain open until the end of the competition schedule.

The role of the medical team is to provide acute medical care for skaters and accredited people. It is our goal to provide a safe environment for the athletes to compete in and to provide the necessary care to enable them to perform at their best. Medical and therapy services may need to be prioritized according to medical condition and athlete competitive status. Emergency transport to local hospital services will be arranged as required as we will not have the facilities for ongoing care in an emergency situation.

If you require emergency services after clinic hours, please contact the Chief Medical Officers (CMOs), to arrange emergency care for you. If you present yourself to the Emergency Department, please notify the CMOs to facilitate continuity of care and liaison with Skate Canada.

Here is a list of good prevention habits that Skate Canada recommends all participants should practice before they arrive on site, in the hotel and in the arena to reduce the risk and spread of infection:

- Hand-washing Hygiene: Frequently, thoroughly and using soap and water and/or hand sanitizer.
- The Sleeve Sneeze: Catch those germs on garments not hands.
- Distance between friends: Meet and greet without hand and face contact (reduce handshaking and hugging/kissing) and keep 3 feet or an arm's length between friends.
- The Wipe-Down Brigade: Frequent cleaning with anti-viral cleaning solutions and make all surfaces that have hand contact easy to wipe.

Skate Canada will be implementing preventative measures for these events in attempt to keep everyone healthy. If we determine that more serious steps are required, we will let you know on-site.

If you have any medical concerns throughout your time in Edmonton our team of physicians, nurses, paramedics and therapists will attend to you with experience and care. Please do not hesitate to contact the Medical Room if you require care or if you have any questions.

Outlined below is additional information on medically related services available to skaters, coaches and team officials, as well as useful information for spectators who may be traveling with you.

### **EMERGENCY**

Call 911 or the Chief Medical Officer

### **EVENT MEDICAL ROOM**

Phone Number: 1.613.857.3342

### **CHIEF MEDICAL OFFICER**

Dr. Erika Persson / Dr. Olesia Markevych  
Cell: 780.819.6609 / 780.709.4801

### **CHIEF THERAPIST**

Meaghan Shewchuk  
Cell: 306.830.0847

### **OTHER/ON-CALL SERVICES**

Appointments for the following services can be made through the on-site Medical Room or by contacting the Chief Medical Officers. Payment for these services (if required) is the responsibility of the patient.

- Emergency dental care
- Orthopedic surgeon
- Massage and chiropractic services

### **PHARMACY**

Shoppers Drug Mart – Magrath Heights  
14135 23 Ave NW Edmonton AB T6R 0G4  
780.436.5135  
Hours: Daily: 0800 AM – Midnight

London Drugs – London Centre  
10531 51 Ave Edmonton AB T6H0K5  
780.944.4523  
Hours: Mon – Sat: 0900 AM – 1000 PM  
Sunday: 1000 AM – 0800 PM

### **XRAY (\*Requisition from Doctor required)**

MIC Century Park  
201, 2377 – 111 St Edmonton AB T6J 5E5  
780.450.1500  
Hours: Mon-Thurs: 0800 AM – 0900 PM  
Friday: 0800 AM – 0500 PM  
Saturday: 0900 AM – 0500 PM

Insight Calgary Trail X-Ray  
10411 – 51 Ave Edmonton AB T6H 0K4  
780.438.3802  
Hours: Mon – Fri: 0900 AM – 0500 PM

### **WALK-IN CLINICS**

Dominion Medical Centres – Century Park  
2383 111 St NW Edmonton AB T6J 5E5  
780.436.0020  
Hours: Mon – Thurs: 0700 AM – 1000 PM  
Friday: 0700 AM – 0230 PM  
Sat – Sun: 0900 AM – 0400 PM

Shifa Medical Clinic  
101, 4222 Gateway Blvd Edmonton T6J 5H2  
780.487.7713  
Hours: Mon – Fri: 0900 AM – 0800 PM  
Saturday: 900 AM – 300 PM  
Sunday: 1100 AM – 200 PM

**HOSPITALS**

Grey Nuns Community Hospital  
1100 Youville Drive, Edmonton AB T6L 5X8  
780.735.7000  
Emergency Open 24 Hours

Stollery Children's Hospital (<17 yrs of age)  
University of Alberta Hospital  
8440 112 St NW, Edmonton AB T6G 2B7  
780.407.8822  
Emergency Departments Open 24 Hours

**Massage Therapy**

Active Life Center  
102-125 Carleton Drive, St. Albert, AB T8N 3S6  
780.460.9679  
Hours: Mon – Fri: 0900 AM – 0900 PM  
Saturday: 0900 AM – 0300 PM

We hope you enjoy your time in Edmonton and compete successfully without illness or injury!

